



Health Information Calendar :a health calendar for all

Presented by
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HSE Library
March 2025

Overview

Overview of HSE Health Information Calendar

Health campaigns

Health Promotion Principles

HEALTH INFORMATION CALENDAR 2025



JAN

Jan-Dec	Building a Healthier Environment	Safe Food
Jan-Dec	Parkrun	
Jan 1-28 Feb	Life is Better with Fruit and Vegetable campaign	Bord Bia
Jan 4-18	First Fortnight	Mental Health Art & Culture Festival
Jan 8-12 Feb	Ireland Lights Up	GAA Healthy Clubs Step Challenge
Jan 20-26	Cervical Cancer Prevention	National Genetic Screening Service
Jan 27-2 Feb	National Grief Awareness Week	Irish Hospice Foundation
Jan 28	International Data Protection Day	Council of Europe

FEB

Feb 1-28 [Oesophageal Cancer Awareness Month](#) [Oesophageal Cancer Fund](#) [Irish Cancer Society](#) [Marie Keating Breakthrough Cancer](#)
Feb 10 [World Cancer Day](#) [Irish Cancer Society](#) [Marie Keating Foundation](#)
Feb 10 [International Epilepsy Day](#) [Epilepsy Ireland](#)
Feb 11 [Safer Internet Day](#) [Webwise](#)
Feb 15 [International Childhood Cancer Day](#) [Irish Cancer Society](#) [Marie Keating Foundation](#)
Feb 20 [World Day of Social Justice](#)
Feb 24-Mar 2 [Eating Disorder Awareness Week](#) [Bodytype](#)
Feb 28 [Rare Disease Day](#) [Rare Diseases Ireland](#)
Feb 28 [Lollipop Day](#) [Oesophageal Cancer Fund](#)

MAF

Mar 1-31	<u>Endometriosis Awareness Month</u> <u>Endometriosis Association of Ireland</u>
Mar 4	<u>World Obesity Day</u> <u>EASO WDOday</u>
Mar 4	<u>International HPV Awareness Day</u> <u>Irish Cancer Society</u> <u>Marie Keating Foundation</u>
Mar 6	<u>National No Smoking Day</u> <u>Quit Smoking NISS</u>
Mar 6	<u>World Lymphoedema Awareness Day</u> <u>Irish Cancer Society</u> <u>Marie Keating Foundation</u>
Mar 8	<u>International Women's Day</u> <u>The National Women's Council</u>
Mar 13	<u>World Kidney Day</u> <u>Irish Kidney Association</u>
Mar 10-16	<u>Brain Awareness Week</u> <u>Neurological Alliance of Ireland</u>
Mar 15	<u>World Sleep Day</u>
May 15	<u>Hello How Are You?</u> <u>Mental Health Ireland</u>
Mar 17-23	<u>Nutrition and Hydration Week</u>
Mar 19	<u>Social Prescribing Day</u> <u>All Ireland Social Prescribing Network</u>
Mar 20	<u>World Down Syndrome Day</u> <u>Down Syndrome Ireland</u>
Mar 21	<u>International Day for the Elimination of Racial Discrimination</u> <u>UN</u> <u>NISS National Social Inclusion office</u>
Mar 22	<u>World Water Day</u>
Mar 24	<u>World Tuberculosis Day</u> <u>Tuberculosis Service</u>
Mar 28	<u>Cardiff Day</u> <u>Irish Cancer Society</u>
Mar 31-Apr 6	<u>National Arthritis Week</u> <u>Arthritis Ireland</u>

APR

Apr 1-30	National Spring Clean programme An Taoiseach
Apr 1-30	Bowel Cancer Awareness Month Bowel Screen Irish Cancer Society Marie Keating Breakthrough Cancer
Apr 1-30	Testicular Cancer Awareness month Irish Cancer Society Marie Keating Breakthrough Cancer
Apr 1-30	World Youth Awareness Day United Nations
Apr 3-10	Adolescent and Young Adult AYAC Cancer Awareness week Irish Cancer Society
Apr 7	World Health Day
Apr 8	International Traveller and Roma Day HSE National Social Inclusion Office
Apr 11	Cystic Fibrosis 65 Roses National Awareness Day Cystic Fibrosis Ireland
Apr 24-30	World Immunization Week
Apr 28	World Day for Safety and Health at Work UN
Apr 30	National Workplace Wellbeing day

MAY

May 1-31	<u>EU Disability Month</u>	
May 1-31	Sunsmart Skin Cancer Prevention Month	Iish Cancer Society Marie Keating Foundation
May 1-31	Brain Tumour Awareness Month	Iish Cancer Society Marie Keating Breakthrough Cancer
May 1-31	<u>Realtails Festival</u> Age and Opportunity	
May 1-31	<u>World Hand Hygiene</u>	
May 5	International Day of the Midwives' Day	IEMO
May 6	World Asthma Day	Asthma Society of Ireland
May 7	World Maternal Mental Health Day	
May 10-17	World Cancer Cancer Day	Iish Cancer Society Marie Keating Breakthrough Cancer
May 10-17	Organ Donation Awareness Week	Irish Kidney Association

JUN

Jan 1-30	Cancer Awareness Month Cancer Awareness Ireland
Jan 1-30	Cancer Survivors Day Lish Cancer Action Stamps Cancer Foundation Worldwide Cancer
Jan 5	World Cancer Day UNAIDS
Jan 9-15	National Cancer Week Cancer Action Ireland
Jan 9-13	Toad in School Week Cancer Action Ireland
Jan 9-15	World Health Day Cancer Awareness Newcastle International Mental Health Services
Jan 9-15	Men's Health Awareness Week Men's Health Services in Ireland
Jan 14	World Stroke Awareness Day IHA
Jan 15	World Kidney Cancer Day
Jan 15	World Diabetes Day World Diabetes Ireland UK National Social Inclusion Office
Jan 20	UN International Day of Women
Jan 26	UN International Day of Sexual Violence World Abuse and Neglect Institute

JUL

Jul 1-31	Sarcoma Awareness Month High Cancer Society's Marie Perkins Foundation
Jul 15	UN World Population Day
Jul 27	World Head & Neck Cancer Day
Jul 28	World Menstrual Day Hemophilia C Ireland
Jul 30	International Day of Friendship

AUG

Aug 1-7 [World Breastfeeding Week WABA](#) [HSR Breastfeeding Summit](#)
 Aug 12 [International Youth Day UN](#)
 Aug 18-24 [Nurses' Month](#) [Nurses' Month](#) [Nurses' Month](#)
 Aug 19 [World Humanitarian Day UN](#)
 Aug 31 [International Day of the Girl UN](#) [HSR Girls' Day](#) [HSR Social Inclusion](#)

SEPT

[illegible]

OCT

[illegible]

NOW

Nov 1-30	Child Leukemia Awareness Month Jan Cancer Society Hope Through Research Breakthrough Cancer
Nov 1-30	HIV (Aids) Month Science Advances
Nov 1-30	Prostate Cancer Awareness Month Jan Cancer Society Hope Through Research Breakthrough Cancer
Nov 1-30	Stomach Cancer Awareness Month Jan Cancer Society Hope Through Research Breakthrough Cancer
Nov 7-29	Harvard Children's Cancer Center Harvard Hope Through Research Breakthrough Cancer National
Nov 1	World Psoriasis Day
Nov 14	World Diabetes Day - Diabetes Relief American Diabetes Association
Nov 16	World Pancreatic Cancer Day Jan Cancer Society Hope Through Research Breakthrough Cancer
Nov 18	American Childhood Cancer & Adolescent Cancer Day AACR www.aacr.org/cancer-awareness
Nov 19	International World Health Day Hope Through Research
Nov 20	Universal Children's Day
Nov 19	World SARC Day www.sarcinstitute.org

DEC

Dec 1 [World AIDS Day](#)
Dec 1-5 [Awareness Week on Alcohol Related Issues](#) [USC Alcohol resources](#)
Dec 3 [National Day of Persons with Disabilities](#) [resources on this day](#)
Dec 5 [International Volunteer Day](#) [UN Volunteer Portal](#)
Dec 10 [International Human Rights Day](#) [UN High Human Rights and Equality Commission](#) [USC Social Justice Office](#)
Dec 18 [International Migrants Day](#) [UN](#) [USC Social Justice Office](#)

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Organization

Annual Calendar - monthly

National, European, International, World
Day, Week, Month, Year

	Jan-Dec	Building a Healthier Environment <small>SafeFood</small>
	Jan-Dec	Parkrun
	Jan 1-28 Feb	Life is Better with Fruit and Vegetable campaign <small>Bord Bia</small>
	Jan 4-18	First Fortnight <small>Mental Health Art & Culture Festival</small>
	Jan 8-12 Feb	Ireland Lights Up <small>GAA Healthy Clubs Step Challenge Get Ireland Walking</small>
	Jan 20-26	Cervical Cancer Prevention <small>National Cervical Screening Service</small>
	Jan 27-2 Feb	National Grief Awareness Week <small>Irish Hospice Foundation</small>
	Jan 28	International Data Protection Day <small>Council of Europe</small>



Seirbhís Sláinte
Níos Fearr
a Forbairt

Building a
Better Health
Service

Themes



2024 / Take the rights path



2023 / Let Communities Lead



2022 / Equalize

END INEQUALITIES.
END AIDS.
END PANDEMICS.

2021 / End inequalities. End AIDS. End pandemics.

**GLOBAL
SOLIDARITY
SHARED
RESPONSIBILITY**

2020 / Global solidarity, shared responsibility



2019 / Communities make the difference



2018 / Know your status



2017 / My health, my right



2016 / Hands up for HIV prevention



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Partnerships



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New Additions

Social Prescribing
Spiritual Care Week
Nursing Home Week
Infant Mental Health
Women's mental health
Oesophageal Cancer

Deletions

Operation Transformation



Principles of Health Promotion

Health Promotion is the process of enabling people to increase control over and to improve their health. It moves beyond a focus on individual behaviour towards a wide range of social and environmental interventions.



WHO definition of Health

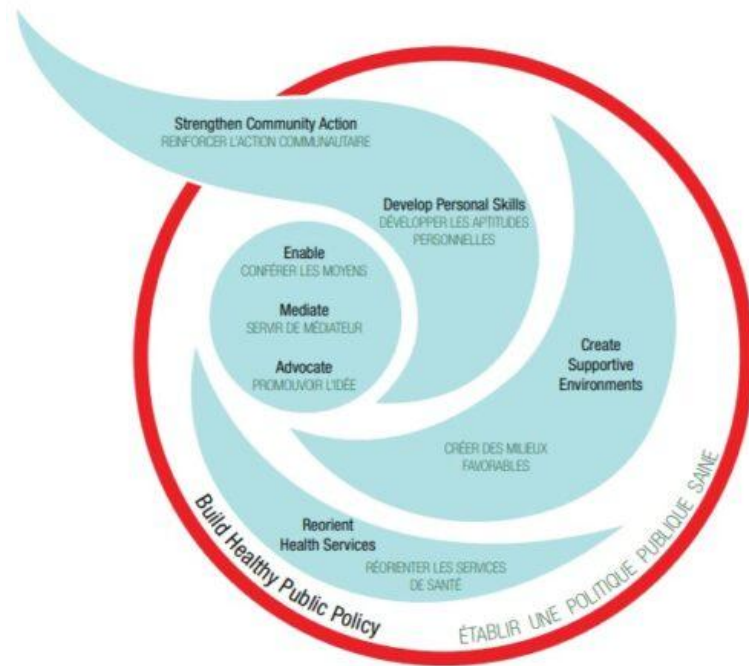
In 1948, in a radical departure from previous definitions, the World Health Organization (WHO) proposed a definition that aimed higher, linking health to well-being, in terms of "physical, mental, and social well-being", and not merely the absence of disease and infirmity".





Ottawa Charter

Build Healthy Public Policy
Create Supportive Environments
Strengthen Community Actions
Develop Personal Skills
Re-orient Health Services



Ireland became the first country in the European Union and second in the world to make plain packaging the law when the Public Health (Standardised Packaging of Tobacco) Act 2015 was signed by President Higgins in March 2015.

Politics

Government prepared for lawsuit as tobacco Bill passed

James Reilly says tobacco industry will file 'more in the hope than certainty'

Expand



LATEST STORIES

Have your say: How approach his US vis

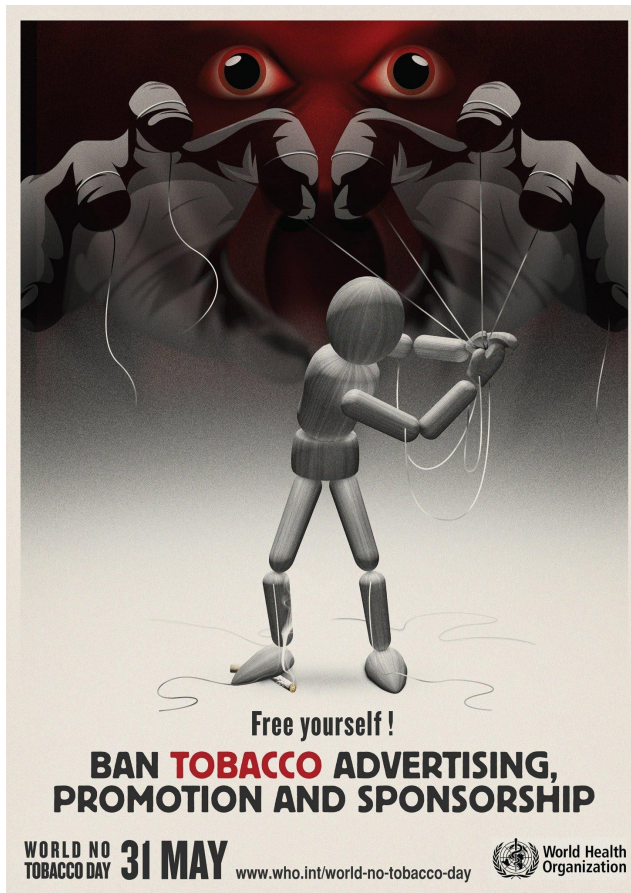
PTSB targets lower 2024 profits double

Taoiseach faces po

WRC talks aimed at until Friday

Explainer: What m

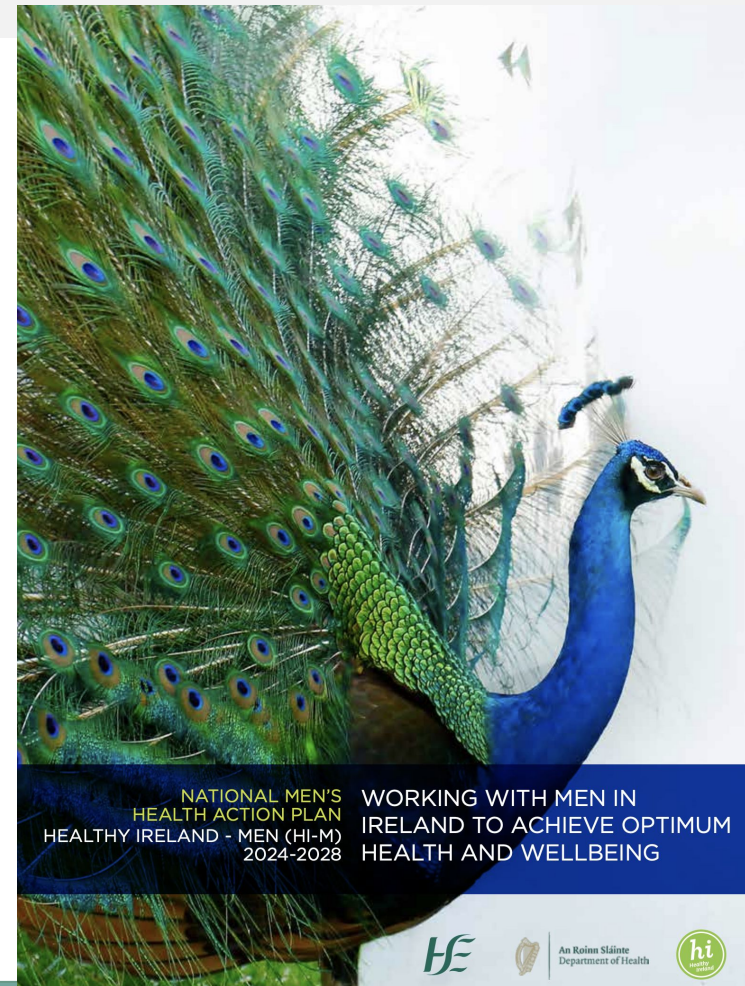
THE IRISH



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Ireland was the first country in the world to adopt a National Men's Health Policy 2008-2013.



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An Roinn Sláinte
Department of Health



Be SunSmart

Slip!
Slop!
Slap!
Seek!
Slide!



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Níós Fearr
a Fobairt

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Scirbhis Sláinte
Níos Fearr
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Thank You
So Much



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Níos Fearr
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