



# Health Information Calendar : a health calendar for all

Presented by

Dymphna McGettigan

**HSE Library** 

March 2025

**Overview** 

**Overview of HSE Health Information Calendar** 

**Health campaigns** 

**Health Promotion Principles** 





#### **HEALTH INFORMATION** HSE Library CALENDAR 2025



IANI	Jan-Dec Jan-Dec	Building a Healthier Environment SafeFood Parkrun
JAIN	Jan 1-28 Feb	Life is Better with Fruit and Vegetable campaign Bord Bia
	Jan 4-18	First Fortnight Mental Health Art & Culture Festival
	Jan 8-12 Feb	Ireland Lights Up GAA Healthy Clubs Step Challenge Get Ireland Walking
	Jan 20-26	Cervical Cancer Prevention National Cervical Screening Service
	Jan 27-2 Feb	National Grief Awareness Week Irish Hospice Foundation
	Jan 28	International Data Protection Day Council of Europe
	Feb 1-28	Oesophageal Cancer Awareness Month Oesophageal Cancer Fund Irish Cancer Society Marie Keating Breakthrough Cancer
FEB	Feb 4	World Cancer Day Irish Cancer Society Marie Keating Foundation
No. of the last	Feb 10	International Epilepsy Day Epilepsy Ireland
	Feb 11	Safer Internet Day Webwise
	Feb 15 Feb 20	International Childhood Cancer Day Irish Cancer Society Marie Keating Foundation
	Feb 20 Feb 24-Mar 2	World Day of Social Justice Eating Disorder Awareness Week Bodywhys
	Feb 24-Mar 2	
	Feb 28	Rare Disease Day Rare Diseases Ireland Lollipop Day Oesophageal Cancer Fund
	Peb 20	Loiipop Day <u>Desopnageal Cancer Fund</u>
100	Mar 1-31	Endometriosis Awareness Month Endometriosis Association of Ireland
	Mar 4	World Obesity Day EASO WODAY
MAR	Mar 4	International HPV Awareness Day hish Cancer Society Marie Keating Foundation
	Mar 5	National No Smoking Day Quit Smoking HSE
	Mar 6	World Lymphodoema Awareness Day Irish Cancer Society Marie Keating Foundation
	Mar 8	International Women's Day The National Women's Council
	Mar 13	World Kidney Day Irish Kidney Association
	Mar 10-16	Brain Awareness Week Neurological Alliance of Ireland
	Mar 15	World Sleep Day
	May 15	Hello How Are You? Mental Health Ireland
	Mar 17-23	Nutrition and Hydration Week
	Mar 19	Social Prescribing Day All Ireland Social Prescribing Network
	Mar 21	World Down Syndrome Day Down Syndrome Iteland
	Mar 21	International Day for the Elimination of Racial Discrimination UN HSE National Social Inclusion office
	Mar 22	World Water Day
	Mar 24	World Tuberculosis Day Tuberculosis Service
	Mar 28	Daffodil Day Irish Cancer Society
	Mar 31-Apr 6	National Arthritis Week Arthritis Ireland
	Apr 1-30	National Spring Clean programme An Taisce
ADD	Apr 1-30	Bowel Cancer Awareness Month Bowel Screen Irish Cancer Society Marie Keating Breakthrough Cancer
APK	Apr 1-30	Testicular Cancer Awareness month Irish Cancer Society Marie Keating Breakthrough Cancer
- St St.	Apr 2	World Autism Awareness Day Irish Society of Autism
	Apr 3-10 Apr 7	Adolescent and Young Adult AYA Cancer Awareness week Inish Cancer Society
		World Health Day International Traveller and Roma Day HSE National Social Inclusion Office
	Apr 8 Apr 11	International (Tayeller and Norma Day His-National Social Inclusion Office Cystic Fibrosis 65 Roses National Awareness Day Cystic Fibrosis is 65 Roses National Awareness Day Cystic Fibrosis is reland
	Apr 24-30	World Immunization Week
	Apr 28	World Day for Safety and Health at Work un
	Apr 30	National Workplace Wellbeing day
	May 1-31	EU Diversity Month
MAY	May 1-31	Sunsmart Skin Cancer Prevention Month Irish Cancer Society Marie Keating Foundation
IVIAI	May 1-31	Brain Turnour Awareness Month Irish Cancer Society Marie Kealing Breakthrough Cancer
100	May 1-31	Bealtaine Festival Age and Opportunity
	May 5	World Hand Hygiene Day WHO
	May 5	International Day of the Midwives' Day IMNO
	May 6	World Asthma Day Asthma Society of Ireland
	May 7	World Maternal Mental Health Day
	May 8	World Ovarian Cancer Day Irish Cancer Society Marie Keating Breakthrough Cancer
	May 10-17	Organ Donation Awareness Week Irish Kidney Association

	Jun 1 -30	
		Generations Assertance Month Generation Instant
JUN	Jun 2	Cancer Survivors Day hist Concer Society Marin Keeting Foundation Weethbourt Concer
	Jun 5	World Environment Day UNEP
_	Jun 9-15	National Carera Week Care Alliance Indiand Scoot to School Week Green School An Taisce
	June 9-13	Scoot to School Wask Green School An Talese
	Jun 9-15	Infant Mental Health Awarenesse steek HSE (Sentiable Mental Health Sentices
	Sen 9-15	Man's Health American West, Min's Health Forum in Infland
	Jun 14	World Blood Donor Day BTS
	Jun 19	World Kidney Camper Day
	Jun 20	UN World Refuges Day UNITER Intent SEE National Social Inclusion Office
	Jun 21	UN International Day of York
	Avr. 28	UN International Day Agency Drug Abuse and Illich Trafficking
	White Access	CALL CONTROL OF CONTRO
_	Jul 1-31	Surrooms Awareness Month into Caser Society Marie Resins Foundation
	2011-21	
101	Jul 11	UN World Population Car.
	Jul 27	World Head & Neck Center Day
	Jul 28	World Repartite Day Hopetitis C Instand
	Jul 50	International Day of Friendship,
		** *** *** *** *** *** *** *** *** ***
	Aug 1-7	World Breatheading Week WABA HISE Breastleading Support
		WORLD DESCRIPTION WHEN WASH THE STREET
ALIC	Aug 12	International Youth Day UN
AUG	Aug 18-24	Nursemp Homes Week thesize Homes beland
	Aug 19	World Humandarian Day UN
	Aug 31	Informational Overdose Assertiness Day 1995 Drugs USE Social Inclusion
		State of the state
The same of the sa	Sept 1-30	Heart Month jub lises Foundation
SEPT	Sept 1-31	Heart worth can have been been been been been been been be
		Childhood Cencer Awareness Month (righ Concer Septem Marie Kessing Francisco) Question Canon
170	Sept 1-31	See Chance Creen Hibbon Campaign Merol Heath campaign
	Sept 1-31	Blood Cancer Awareness Month Irish Cancer Society Marie Keating Foundation Breakthquigh Cancer
	Sept 1-31	Cynnie Oncology Awareness Month John Concer Stolen Marie Koning Foundation Greathreach Canada
	Sept 4	World Sexual Health Day 1995
	Sept 4-11	
		Miscratine Assertments Wast, Mignise Instead
	Sept 7	World Duchenne Awareness Dev
	Sept 7-13	Palliabve Care Week, All Ireland Institute of Hospics and Palliative Care (AllHPC)
	Sept 9	International Patel Alcohol Seactrum Deporture (PASD) FASD (Man)
	Sept 10	World Supple Prevention Day HSE may your motal haith in
	Sept 13	World Segue Day
	Sept 14	World Consecutors: Oncology Day SysCare just Cancer Society Made Keeting Foundation Street/Insulationary
	Sept 15	World Consecutions: Oncology Der DesCare high Gaster Societa Main Kenina Foundation (Institutional) Contex. World Lymphoma Awareness Dev Lymphom Feren of Intend High Capter Societa Main Reside Foundation (Institutional)
	Sept 17	World Patient Safety Day HGE Patient Safety
	Sept 19	Culture Night
	Sent 20	Mouth Carrier Awareness Day
	Sept 21	World Althorney Day Althorney Godes of Ireland
	Sopt 21	Informational Bay of Page UN
	Sept 24	World Camper Heaventh Day Van Genor Societa Maria Kasaina Foundation Breakthroath Camper
	Sept 22-28	European Week of Sport, Sport Inland Workplace Walking Day Go Interest Walking
	Sept 26	West stars (Walking Co., Co.)
	Sept 28	National Walking Day Get Indeed Webles
	Delpt 20	National Walking Day out mand transco
	Sept 29	World Heart Day high Heart Foundation
	Sept 50	Inhernational Recovery day Hill Drups and Alcohol inhernation and Support
	Sept 30-6 Oct	Country Agency Week Age Action Iroland
	Ort 1	Informational Dier of Older Persons Along Asia Adigo
OCT	Oct 1-31	CONTRACTOR AND ACCURATION OF STREET
OCT		Breast Center Awareness Month Breast Chick hish Center Society Matin Replies Foundation Breakthrough Center
	Oct 1-31	Liver Cancer Awareness Month (tigh Concer Section Mario Keating Franchista (Irrest hough Cancer
	Oct 1-7	National Breadfeeding Week Hill Breadfeeding Support
	Oct 10	World Mental Health Day 1455 Year Marrel Health Again Marril Health Indian ( Again
	Oct 10	World Subt Day
		HINTO STATE DAY
	Oct 10	World Homeless day (ISS Hallore) Social Industry Office
	Oct 12	World Houses and Pallative Care Day
	Oct 13-19	International Intection Prevention Week IPW
	Oct 13	World Thrombosis Day Thrombosis Instand
	Oct 16	European Restart a Heart Day ERC
	Oct 16	World Food Day
	Oct 18	Street Committee
	Oct 18	
	Ud 18	World Menopause Day
	Oct 19-25	Sportual Care Week
	Oct 20	World Oatspoorpare Day
	Oct 29	World Stroke Day lish Heart Strike Support
NON		
NOV	Nov 1-30	Global Lung Cancer Americana Month Isiah Cancer Society Hade Housing Foundation Breaktanach Cancer
200000000000000000000000000000000000000	Nov 1-30	MS. Resolution Multiple Science Indied
	Nov 1-30	
		Prostrate Cencer Americana Month high Cascer Society Marie Kessins Savadation (Smatchmash Cascer)
	Nov 1-30	Stomach Cancer Awareness Month high Casper Society Made Keedes Foundation Blookthough Cancer
	Nov 17-21	Correspond United and Assertances Week Fish Childhood Germananan National
	Nov 12	World Presuments Day
	Nov 14	World Dubates Day Debotos Notes Scripp Scripp
	New 16	World Pancrestic Cancer Day Irin Concer Society Marie Kesting Foundation Greek hystech Cancer
	Nov 16 Nov 18	THE RESERVE CONTRACTOR OF THE CONTRACTOR OF THE PROPERTY OF TH
		turgosan Ambiopho Americanese Bare EAAD has therefolds ends remonstrate
	Nov 19	Inhernational Man's Health Day Web Houth Fourt
	Nov 20	Universal Children's Day
	Nov 19	World COPD Day COPD Support Inland
	Nov 25	Informational day of simmation of violence aparest women HIC National Social Industry Office
050	1969 462	CONTRACTOR OF THE PROPERTY OF
DEC	100000000000000000000000000000000000000	and the second s
Market Co.	Dac 1	World Aste Day
25 30	Dac 1-5	Assertances Week on Alcohol Helsted Harm Hill Alcohol resources
	Dec 3	International Day of Persons with Disabilities, Disability Endorstice of Instanti
	Dec 5	International Volunteer Day UN Volunce Inland
	Dec 10	International Human Biothis Day UN Mich Harren Rights and Equality Commission (ISE Social Inclusion Office
	Dec 18	
	Dec 18	Inhamshoral Microsofts Darr, UN HIS Social Industry Office
	Dec 18	Produced by the Hill Library, Research and Evidence, Hill.
	Dec 18	Produced by the Hill Library, Research and Evidence, Hill.
	Dec 18	



### **Organization**

Annual Calendar - monthly National, European, International, World Day, Week, Month, Year



Building a Healthier Environment SafeFood Jan-Dec Jan-Dec Parkrun Jan 1-28 Feb Life is Better with Fruit and Vegetable campaign Bord Bia Jan 4-18 First Fortnight Mental Health Art & Culture Festival Jan 8-12 Feb Ireland Lights Up GAA Healthy Clubs Step Challenge Get Ireland Walking Cervical Cancer Prevention National Cervical Screening Service Jan 20-26 Jan 27-2 Feb National Grief Awareness Week Irish Hospice Foundation International Data Protection Day Council of Europe Jan 28



#### **Themes**



2024 / Take the rights path

END INEQUALITIES. END AIDS. END PANDEMICS.

2021 / End inequalities. End AIDS. End pandemics.



2018 / Know your status



2023 / Let Communities Lead



2020 / Global solidarity, shared responsibility



2017 / My health, my right



2022 / Equalize



2019 / Communities make the difference



2016 / Hands up for HIV prevention



# **Partnerships**



#### **New Additions**

Social Prescribing
Spiritual Care Week
Nursing Home Week
Infant Mental Health
Women's mental health
Oesophageal Cancer

#### **Deletions**

**Operation Transformation** 



# **Principles of Health Promotion**

Health Promotion is the process of enabling people to increase control over and to improve their health. It moves beyond a focus on individual behaviour towards a wide range of social and environmental interventions.



#### WHO definition of Health

In 1948, in a radical departure from previous definitions, the World Health Organization (WHO) proposed a definition that aimed higher, linking health to well-being, in terms of "physical, mental, and social well-being, and not merely the absence of disease and infirmity".

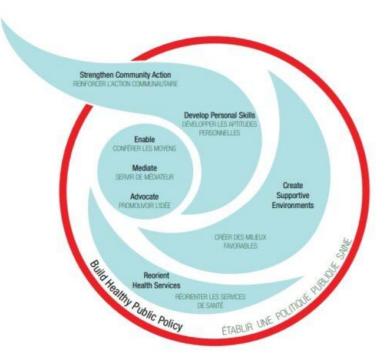






#### **Ottawa Charter**

Build Healthy Public Policy
Create Supportive Environments
Strengthen Community Actions
Develop Personal Skills
Re-orient Health Services



Ireland became the first country in the European Union and second in the world to make plain packaging the law when the Public Health (Standardised Packaging of Tobacco) Act 2015 was signed by President Higgins in March 2015.





Ireland was the first country in the world to adopt a National Men's Health Policy 2008-2013.

